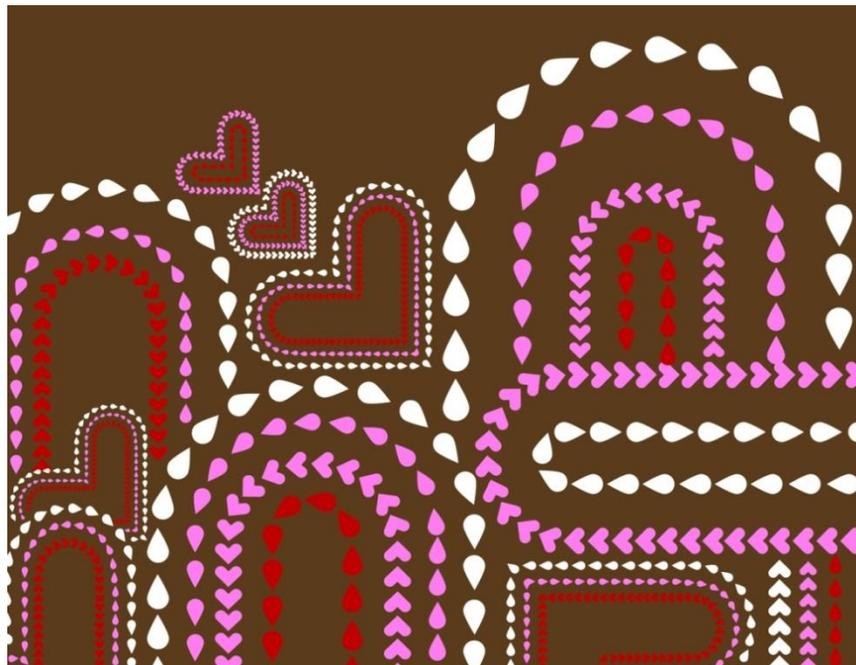




**9th Annual NEORTC
Foster Parent Conference**

A Premiere Event

**Thursday, Friday and Saturday
May 5, 6, and 7, 2016**



Foster Parents are a Work of Heart!

Schedule at a Glance

Thursday, May 5

Registration begins at 8:30am

9:00am – 4:00pm Foster Parenting Isn't Always a Picnic – **NEW** Brian Bethel

9:00am – 12:00pm Get Cooperation Without Squeezing the Juice Jody Johnston-Pawel

1:00pm – 4:00pm Why Kids Lie...and How to Encourage Truthfulness Jody Johnston-Pawel

Concurrent Sessions Chose ONE of the following evening sessions

Registration begins at 5:30pm

6:00pm – 9:00pm Attachment, Separation and Loss in Foster Care and Adoption Brian Lowery

6:00pm – 9:00pm Managing the Hurt: When Your Foster Child Leaves Kathy Lowery

Friday, May 6

Registration begins at 8:30am

9:00am – 4:00pm Helping Foster Parents Avoid Common Parenting Traps: Steering Clear of the Quicksand – **NEW** John Ward

9:00am – 12:00pm Interventions with ADD/ADHD David Zidar

1:00pm – 4:00pm Pro-Social Skills David Zidar

Concurrent Sessions Chose ONE of the following evening sessions

Registration begins at 5:30pm

6:00pm – 9:00pm Helping Children with Peer Pressure Susan Tucker

6:00pm – 9:00pm Family Search and Engagement: What Every Foster Parent Should Know – **NEW** Kathleen Terry

Saturday, May 7

Registration begins at 8:30am

9:00am – 4:00pm Preventing Foster Care and Adoption Disruptions Jim Still-Pepper

9:00am – 4:00pm Healthy Sexual Development of Children and Teens Patricia Martinek

Conference Location

Northeast Ohio Regional Training Center at Summit County Children Services
264 South Arlington Street
Akron, OH 44306
330-379-1805



Registration

Public agency foster parents can register through E-Track using the learning codes provided .

Private agency foster parents can register by calling our toll free number at 1-866-294-3787

There is no charge to attend the Foster Parent Conference

Questions?

Contact Julie Hayden at 330-379-1976 or jhayden@summitkids.org
or Vickie Webb at 330-379-1935 or webbv@summitkids.org

The Ohio Child Welfare Training Program is an approved Continuing Education Provider through the Ohio Counselor, Social Worker and Marriage & Family Therapist Board.

Social Worker Approved Provider # RSX 088728

Counselor Approved Provider # RCX 039201



Thursday, May 5

9:00am – 4:00pm Foster Parenting Isn't Always a Picnic - NEW

Presenter: Brian Bethel

E-Track Learning Code: 989-51

Foster parenting can be a rewarding experience. However, caring for children impacted by abuse and neglect precipitates complex challenges for foster care providers. Consequently, foster parents must maintain an ongoing awareness of the potential emotional and psychological costs involved in caring for children. Burnout is a common psychological problem that affects people of all ages, but is very common in the helping profession. This workshop will address the common signs and symptoms associated with burnout and will offer participants specific strategies for coping with the psychological challenges of foster parenting.

9:00am – 12:00pm Get Cooperation Without Squeezing the Juice

Presenter: Jody Johnston-Pawel

E-Track Learning Code: 925-116

Learn the top ten most effective and practical language and action tools for fostering internal motivation, building self-esteem, getting cooperation, and teaching children tasks, behaviors, values and self-responsibility. Get short-term results and long-term benefits - without stickers or bribes - while defusing or *avoiding* power struggles and tantrums.

1:00pm – 4:00pm Why Kids Lie...and How to Encourage Truthfulness

Presenter: Jody Johnston-Pawel

E-Track Learning Code: 925-49

This stimulating workshop facilitates several thought-provoking discussions that provide insights and reveal surprising facts about:

- What really qualifies as a lie?
- When do children understand they are lying?
- Why do children lie?
- How can parents prevent lying?
- How might parents accidentally model lying without even realizing it?

Finally, "Truth or Consequences" will provide practical tools for responding to lies in ways that encourage permanent truthfulness

Thursday, May 5

Two Concurrent Sessions – Please Choose One to Attend

6:00pm – 9:00pm Attachment, Separation and Loss in Foster Care and Adoption

Presenter: Brian Lowery

E-Track Learning Code: 924-1

This class introduces foster parents to the concept of attachment and the biological bond. Separation will be addressed by reviewing the five stages of grief vis-à-vis a foster care placement. Strategies for helping insufficiently attached and grieving children are reviewed

6:00pm – 9:00pm Managing the Hurt: When Your Foster Child Leaves

Presenter: Kathy Lowery

E-Track Learning Code: 947-8

This class addresses the very real "hurt" that resource families experience when their foster child moves to another placement. Typical emotional reactions to this transition will be reviewed and acknowledged. Caregivers will be given practical ideas about how to best manage this separation.

Friday, May 6

9:00am – 4:00pm Helping Foster Parents Avoid Common Parenting Traps: Steering Clear of the Quicksand -NEW

Presenter: John Ward

E-Track Learning Code: 925-136

Quicksand ... that goopy, sloppy, muddy gunk that pulls you down like a ton of bricks each time you struggle to free yourself. Even though parents have the best intentions for their children, it feels like being stuck in quicksand when you fall prey to the common parenting traps of difficult children. The key to avoiding these traps is to realize that parenting is not something you are, but something you do. This class will help you learn to steer clear of the quicksand that pulls you down and will help you have a more positive relationship with your child. Also, you will discover the eight most common parenting traps that foster parents fall into and how to avoid them.

9:00am – 12:00pm Interventions with ADD/ADHD

Presenter: David Zidar

E-Track Learning Code: 995-60

Many children suffer from a pathology classified by the American Psychiatric Association as Attention Deficit Disorder (ADD). The goal of this course is to provide foster parents with an understanding of what is going on in their child and how to manage it. The course covers practical skills and interventions at each stage of child development and applies methods throughout the life cycle. This class is short on theory and heavy on what to do now. This three-hour workshop will provide participants with an understanding of the origins of the pathology, family reactions, signs, symptoms, and interventions.

1:00pm – 4:00pm Pro-Social Skills

Presenter: David Zidar

E-Track Learning Code: 951-1

This class asks and answers the question, “What do I do with a child who just does not get it?” The “it” is the skills-based training in all areas of life's domains: social skills, problem-solving, anger management, and perceptual skills. This class examines what the child should be doing at each stage of development, as well as what to teach. This is a very practical way for foster parents to be empowered to “train up their children.”

Friday, May 6

Two Concurrent Sessions – Please Choose One to Attend

6:00pm – 9:00pm

Helping Children with Peer Pressure

Presenter: Susan Tucker

E-Track Learning Code: 941-22

This course is designed to assist caregivers in recognizing and responding to behaviors that may be caused by peer pressure in school-aged and adolescent children. Caregivers will discuss the current forms of peer pressure and learn prevention and intervention techniques that encourage youth to build positive relationships and avoid high-risk behaviors.

6:00pm – 9:00pm

Family Search & Engagement: What Every Foster Parent Should Know - **NEW**

Presenter: Kathleen Terry

E-Track Learning Code: 949-56

This three hour training for foster caregivers will provide an overview of Family Search and Engagement: what it is, background, legislation and rules regarding family search and engagement, the value of family search for children in out of home care, and ways the alternative caregiver can support these activities.

Saturday, May 6

Two Concurrent Sessions – Please Choose One to Attend

9:00am – 4:00pm Preventing Foster Care and Adoption Disruptions

Presenter: Jim Still-Pepper

E-Track Learning Code: 952-5

Disruption does not have to determine the end of the relationship. This training will help participants know how to respond to youth who are struggling. Participants will discover what it takes to help youth feel like they belong. Foster and adoptive parents will learn the keys to staying on course and will explore how trust filters help prevent disruptions.

9:00am – 4:00pm Healthy Sexual Development of Children and Teens

Presenter: Patricia Martinek

E-Track Learning Code: 923-FF5-S

- *Child is always taking off his clothes and running around*
- *Child is caught kissing a friend in the TV room*
- *Child is caught undressing a friend*
- *Child asks about when it is OK to have sex*

Every day, families and those working with families and children are faced with situations similar to those above. Although many sexual behaviors are normal for children, such incidents frequently catch us off-guard and raise a number of questions, such as, “Is this normal?” “Should I be worried?” “What should I do?”

This training will introduce basic concepts of sexual development and introduce the Johnson continuum of childhood sexual behavior. Normal sexual behaviors for children from birth to adolescence will be outlined, along with factors which may influence a child’s sexual behaviors. The training will help foster parents know when a child’s sexual expression is normative and developmentally appropriate; how to discuss sexual issues with children and adolescents in a way that is consistent with their developmental level; and how to maintain a supportive and safe environment with children and adolescents that encourages healthy sexual development.